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# Computerized adaptive test and decision trees: a unifying approach

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## Abstract

In the last few years, several articles have proposed decision trees (DTs) as an alternative to computerized adapted tests (CATs). These works have focused on showing the differences between the two methods with the aim of identifying the advantages of each of them and thus determining when it is preferable to use one method or another. In this article, Tree-CAT, a new technique for building CATs is presented. Unlike the existing work, Tree-CAT exploits the similarities between CATs and DTs. This technique allows the creation of CATs that minimise the mean square error in the estimation of the examinee's ability level, and controls the item's exposure rate. The decision tree is sequentially built by means of an innovative algorithmic procedure that selects the items associated with each of the tree branches by solving a linear program. In addition, our work presents further advantages over alternative item selection techniques with exposure control, such as instant item selection or simultaneous administration of the test to an unlimited number of participants. These advantages allow accurate on-line CATs to be implemented even when the item selection method is computationally costly.

*Keywords:* Decision trees, linear programming, computerized adaptive tests

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## 1. Introduction

Computerized Adaptive Tests (CATs) are sophisticated tests capable of improving the accuracy of conventional tests while administering a much smaller number of items (Weiss, 2004). They are based on the Item Response Theory (IRT) that emerged as an alternative to the traditional pencil and paper tests with the goal of obtaining comparable estimates of the participants' abilities when these are obtained with different test designed for measuring the same trait (van der Linden and Glas, 2000). These characteristics have lead to multiple applications of CATs as clinical and academical assessments (Fliege et al., 2005; Tseng, 2016); or personnel recruitment (Chapman and Webster, 2003), among others.

In a standard CAT, each examinee receives a tailored test whose integrating items are aimed at attaining the best fit to the participant's actual level of the trait, avoiding the presentation of non-informative items to the examinee. With this aim, each of the items presented to the participant is selected from an item bank taking into consideration the responses to all previously presented items, as well as their characteristics (difficulty, discriminating capacity, etc.)

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25 and those of the items that have not yet been presented. Because of this, one  
26 of the core components of a CAT is the item selection criterion.

27 In this regard, the most widely used criterion is *Fisher Maximum Informa-*  
28 *tion* (Lord, 1980; Weiss, 1982). However, despite its widespread use, several  
29 weaknesses have been pointed out. These include item selection bias, large esti-  
30 mation errors at the beginning of the test, high item exposure rates, and content  
31 imbalance problems (Lu et al., 2012, among others). Various alternatives have  
32 been proposed as attempts for addressing these problems; e.g. the minimum  
33 Expected Posterior Variance (EPV) (van der Linden and Pashley, 2009), Maxi-  
34 mum Likelihood Weighted Information (MLWI) (Veerkamp and Berger, 1997),  
35 Kullback-Leibler information (KL) (Chang and Ying, 1996) or mutual informa-  
36 tion (MI) (Weissman, 2007). Notwithstanding these item selection techniques  
37 have solved many of the mentioned weaknesses, the computational cost of some  
38 of them limits their application in practice, in particular because of the need of  
39 numerical integration (Ueno and Songmuang, 2010).

40 Another well known weakness of information-based item selection methods  
41 is the overexposure of items. This is a consequence of the fact that that only a  
42 few items from the test bank are maximally informative over the ability range  
43 (van der Linden and Veldkamp, 2007). Indeed, Veldkamp and Matteucci (2013)  
44 observed that only 12 out of a 499 items bank were maximum-informative to any  
45 skill level. Among the exposure control methods that have appeared in litera-  
46 ture (Georgiadou et al., 2007) we can mention the *randomesque* method (Kings-  
47 bury and Zara, 1989; Shin, 2017); the Sympton-Hetter procedure (Sympton and  
48 Hetter, 1985); the eligibility method (van der Linden, 2003); the shadow test  
49 (van der Linden and Veldkamp, 2005); the restricted procedure (Revuelta and  
50 Ponsoda, 1998); the adaptive tests method (Armstrong and Edmonds, 2004);  
51 and the progressive-restricted method (Revuelta and Ponsoda, 1998). Unfortu-  
52 nately the additional procedures introduced by these techniques add computa-  
53 tional time to the already heavy item-selection methods. Moreover some of the  
54 above mentioned techniques require the recalculation of some parameters every  
55 time a participant completes the test, preventing the simultaneous application  
56 of the test to more than one participant.

57 In recent years, Decision Trees (DTs) have been proposed as an alternative  
58 to CATs. One of the main advantages of the DTs is that the complete test  
59 can be designed in advance (using a tree structure) and applied to the examinee  
60 without delay, avoiding the item selection step and the associated computational  
61 cost. In addition, some researchers have underlined some theoretical benefits of  
62 the DTs. Ueno and Songmuang (2010) developed a DT to predict the standard-  
63 ised total raw test score of the respondents. Their proposal has the advantages  
64 of not having to satisfy the local independence condition of traditional CATs,  
65 and being capable of obtaining accurate estimates of the standardised scores  
66 whilst using of a smaller number of items than CATs. Despite these benefits,  
67 there are two main drawbacks to this work. The most important one is that,  
68 when using total scores, the comparability property of the IRTs is lost. i.e.  
69 their approach suffers from the same problem that existed in the classical test  
70 theory. The second limitation is that, for the construction of the DT, a large  
71 amount of data must be available for guaranteeing that each of the subsequent  
72 subsets, created during the construction of the tree, has sufficient information  
73 about the distribution of the latent variable. Earlier, Yan et al. (2004) had pro-

74 posed a related method where nodes with similar scores are merged for keeping  
75 the number of nodes within reasonable limits. Notwithstanding this solves the  
76 second limitation, the most important problem, the lack of comparability be-  
77 tween tests, which hinders the use of DTs as an alternative to CATs, remains  
78 unresolved.

79 From an applied point of view, healthcare has probably been the field where  
80 the most intense and fruitful debate has appeared regarding the use of CATs  
81 and DTs. For example, in clinical psychology and psychiatry, several papers  
82 have been published using CATs for diagnosing mental disorders. Among them,  
83 Gardner et al. (2004) developed a CAT to identify individuals with major depres-  
84 sive episodes based on the Beck Depression Inventory scale; Moore et al. (2018)  
85 developed a CAT to identify individuals with psychotic spectrum disorder. In  
86 a different medical area, Leung et al. (2016) pointed out the PROMIS CAT as  
87 an excellent instrument for predicting clinically significant fatigue, sleep distur-  
88 bance, and sleep impairment among patients who attended to a cancer research  
89 centre. Despite these good results, some researchers have argued that CATs  
90 are not suitable for diagnostic classification tasks. For example, Gibbons et al.  
91 (2016) argued that CATs are ideal for measuring severity but not for diagnosis  
92 screening, distinguishing between CATs and Computerized Adaptive Diagnosis  
93 (CADs). and developed a DT based CAD for detecting major depression dis-  
94 order. Recently, Delgado-Gomez et al. (2016) compared the performance of a  
95 DT and a CAT for identifying suicidal behaviour using the personality and life  
96 events scale (Blasco-Fontecilla et al., 2012). Their results showed that a DT re-  
97 quired fewer items than a CAT for obtaining a similar classification rate. Those  
98 works reinforce the idea that DTs, a supervised technique, are more suitable for  
99 diagnostic classification, while CATs, being unsupervised, are more suitable for  
100 quantifying severity.

101 As the discussion above suggests, the existing literature has mainly focused  
102 on emphasising the differences between CATs and DTs. This article addresses  
103 the study of these two techniques from the opposite perspective: it seeks to  
104 identifying and exploiting their similarities. First, we show that a CAT can be  
105 represented by a tree structure. This allows pre-computing, storing and lately  
106 administering a CAT without incurring any item selection time, regardless of  
107 the item selection criterion used. Second, we prove that building a DT that  
108 minimises the mean square error (MSE) is equivalent to designing a CAT using  
109 the minimum EPV as item selection criterion. This result provides a better  
110 understanding to the EPV criterion and establishes a bridge between the DTs  
111 and the CATs, providing a new perspective to the aforementioned debate on  
112 the use of these techniques. Finally, we show that a CAT with exposure control  
113 can be seen as a forest of DTs. This allows the development of an optimization  
114 algorithm for the simultaneous construction of the trees that make up this forest.  
115 The above results together enable the construction of a CAT with minimum  
116 MSE and exposure control.

117 The rest of the article is structured as follows. In Section 2, we show that  
118 an unconstrained CAT can be represented in a tree structure. In Section 3 we  
119 show that, using DTs, it is possible to construct an unconstrained CAT that  
120 minimises the MSE. In this section we also discuss some computational aspects  
121 of the proposed technique. Finally, it is proved that the constructed tree is  
122 equivalent to a CAT that uses minimum EPV as item selection technique. In

123 Section 4, we adapt the proposed technique for controlling the item exposure  
124 rate. With this aim, we first show that a CAT with controlled exposure rate  
125 can be seen as the simultaneous construction of several decision trees. Section  
126 5 shows the results of a study aimed at comparing our methodology with other  
127 methods for creating CATs with item exposure control using simulated data.  
128 Results of the application of the proposed technique on real data are discussed  
129 in Section 6. Finally, the article concludes in Section 7 with a discussion of the  
130 results obtained and their implications.

## 131 2. Representing an Unconstrained CAT in a Tree Structure

132 In this section we show that a CAT without exposure control can be repre-  
133 sented in a tree structure. This representation enables a fast selection (in the  
134 order of milliseconds) of the items presented to the examinee. It also facilitates  
135 the development of the models introduced in the following sections. The nota-  
136 tion introduced herein will be used throughout the rest of the article and is  
137 summarised in the Appendix.

138 Consider a test composed of  $I$  items that will be administered to  $J$  indi-  
139 viduals for assessing certain trait  $\theta$ . For the sake of simplicity, and without  
140 loss of generality, we assume that all items have  $R$  possible answers. When the  
141 test is to be administered to participant  $j$ , the only information available is the  
142 distribution of  $\theta$  in the population, given by the density function  $f(\theta)$ . Before  
143 any item has been administered, it is frequent to assume that the value of this  
144 trait for a particular examinee is given by the maximum of  $f(\theta)$ . This value is  
145 denoted by  $\hat{\theta}_\theta$ .

146 The first item that is administered to this participant,  $i_1^j$ , is the one that  
147 reaches the maximum value of a pre-established item selection criteria (FMI,  
148 MEPV, KL, etc.) given  $\hat{\theta}_\theta$ . We note that, when item exposure control is not  
149 taken into account, the first item to be administered to all participants is the  
150 same,  $i_1^j$ , since  $\hat{\theta}_\theta$  is identical for all participants. Once the examinee responds  
151 to this item, providing the answer  $r(i_1^j) \in \{1, \dots, R\}$ , his trait is re-assessed to  
152 a new value  $\hat{\theta}_{u_1^j}$ , where  $u_1^j = r(i_1^j)$  indicates the first item given to examinee  $j$   
153 and the answer provided.

154 This newly estimated value of the trait,  $\hat{\theta}_{u_1^j}$ , is then used to select the next  
155 item to be presented to the examinee,  $i_2^j$ . It is important noticing that all partic-  
156 ipants who provide the same answer to the first item will get the same estimate  
157  $\hat{\theta}_{u_1^j}$ , and will therefore be given the same second item. Once the examinee has  
158 answered to the new item, the estimated value of the trait is updated to  $\hat{\theta}_{u_2^j}$   
159 where  $u_2^j = \{r(i_1^j), r(i_2^j)\}$ .

160 This way, subsequent items are administered iteratively until a given crite-  
161 rion is reached. Briefly, when examinee  $j$  has responded to the first  $n$  items by  
162 obtaining the response pattern  $u_n^j = \{r(i_1^j), \dots, r(i_n^j)\}$ , a new estimate of the  
163 trait,  $\hat{\theta}_{u_n^j}$ , is calculated and the next item is selected based on this value. All  
164 those examinees who share the same response pattern  $u_n^j$  to the first  $n$  items  
165 will be given the same item  $n + 1$ . Based on this discussion, a CAT can be  
166 represented in a tree structure as shown in figure 1.

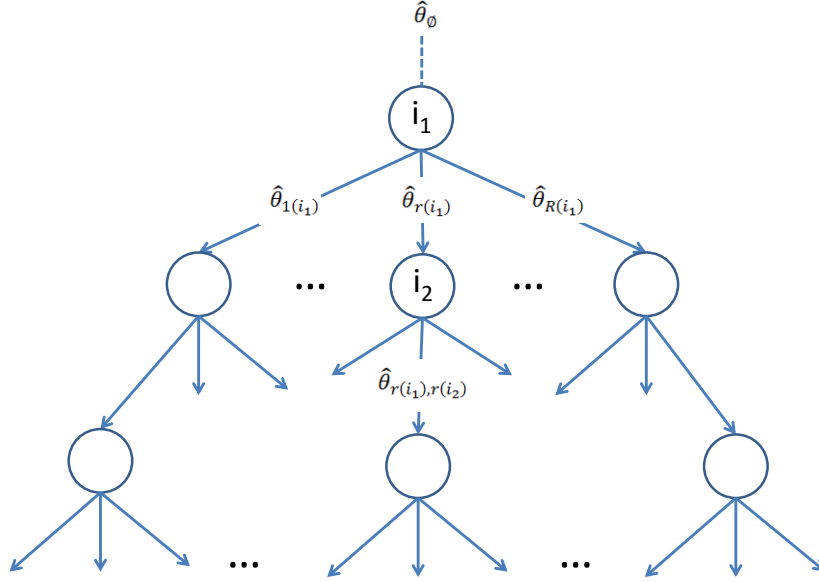


Figure 1: Tree Representation of a CAT.

### 167 3. Building a CAT with Minimum MSE

168 DTs are supervised methods built by minimising the square error in the es-  
 169 timation of an explanatory variable (Rokach and Maimon, 2014). As mentioned  
 170 above, the available research work using the DT methodology as an alternative  
 171 for CATs, use either the total test’s score (Yan et al., 2004; Ueno and Song-  
 172 muang, 2010) or an external criterion as dependent variable (Delgado-Gomez  
 173 et al., 2016; Riley et al., 2011). In this section we present a methodology for  
 174 building a DT that minimises the MSE in the trait’s estimation (instead of the  
 175 test score used in the aforementioned works). The MSE in the estimation of the  
 176 trait is the most frequently used criterion for building DTs and for assessing the  
 177 accuracy of a CAT.

178 In the design of this CAT, we start by building the root of the tree. Take  
 179 an item  $i$  from the test battery. Let  $\theta$  be the actual trait of a person,  $j$ , who  
 180 answers this item;  $p_i(r|\theta)$ , the probability that this person will give the answer  
 181  $r \in \{1, \dots, R\}$ ; and  $\hat{\theta}_r$ , the value of the trait estimated for each of the possible  
 182 answers. The MSE of this item for this person is

$$E_i(\theta|\emptyset) = \sum_{k=1}^R (\theta - \hat{\theta}_{v_1^k}^j)^2 p_i(k|\theta) \quad (1)$$

183 where the empty set in the expectation emphasises the fact that no item has  
 184 yet been administered; and  $v_1^k = \{r(i) = k\}$ . The MSE that will be obtained if  
 185 item  $i$  is administered to the population is, consequently, given by

$$E_i = \int E_i(\theta|\emptyset) f(\theta) d(\theta) \quad (2)$$

186 The starting item,  $i_1$ , which constitutes the root of the tree, will be the one for  
 187 which the value  $E_i$  is minimal.

188 Once the tree root has been defined, the  $R$  items corresponding to its children  
 189 will be added as follows: if item  $i \neq i_1$  is administered after an examinee with  
 190 real trait  $\theta$  chose the  $r$ -th answer to item  $i_1$ , the MSE of this person will be  
 191 given by

$$E_i(\theta|u_1) = \sum_{k=1}^R (\theta - \hat{\theta}_{v_2^k})^2 p_i(k|\theta) \quad (3)$$

192 where  $v_2^k = \{u_1, r(i) = k\}$  and  $\hat{\theta}_{v_2^k}$  is the estimated trait considering pattern  $v_2^k$ .  
 193 Therefore, the MSE of the group that gave answer  $r$  to item  $i_1$  is given by

$$E_i = \int E_i(\theta|u_1) f(\theta|u_1) d\theta \quad (4)$$

194 where

$$f(\theta|u_1) = \frac{p(u_1|\theta)f(\theta)}{p(u_1)} = \frac{p(r(i_1)|\theta)f(\theta)}{\int p(r(i_1)|\theta)d\theta} \quad (5)$$

195 In general, given an individual with trait  $\theta$  and response pattern  $u_n =$   
 196  $\{r(i_1), \dots, r(i_n)\}$ , the MSE obtained if unused item  $i$  is administered next can  
 197 be written as

$$E_i(\theta|u_n) = \sum_{k=1}^R (\theta - \hat{\theta}_{v_{n+1}^k})^2 p_i(k|\theta) \quad (6)$$

198 where  $v_{n+1}^k = \{u_n, r(i) = k\}$ . Then, the MSE of a group of participants that  
 199 has followed pattern  $u_n$  becomes

$$E_i = \int E_i(\theta|u_n) f(\theta|u_n) d\theta \quad (7)$$

200 where

$$f(\theta|u_n) = \frac{p(u_n|\theta)f(\theta)}{p(u_n)} = \frac{\prod_{j=1}^n p(r(i_j)|\theta)f(\theta)}{\int \prod_{j=1}^n p(r(i_j)|\theta)d\theta} \quad (8)$$

### 201 3.1. Computational Issues

202 An important aspect that needs to be addressed is how to efficiently build the  
 203 tree, as the number of nodes grows exponentially when the tree expands. Below  
 204 we discuss three strategies aimed, the first two, at speeding-up the construction;  
 205 and, the last one, at keeping the number of nodes within reasonable limits.

206 **Parallel programming.** Nodes within the same level are constructed inde-  
 207 pendently. Therefore, the items that constitute these nodes can be determined  
 208 using parallel programming. For example, if a tree developed in a personal com-  
 209 puter with four cores was programmed in parallel, the time required to build  
 210 it would be reduced to 25 percent of the time required time in a single core.  
 211 Currently, most universities and research centres have small clusters with a few  
 212 thousand cores available, making the development of the proposed methodology  
 213 easily attainable.

214 **Passing information from parent to child nodes.** As seen in formula  
 215 (8), to calculate the posterior probability of the ability level, it is necessary to  
 216 calculate a product of  $n$  probabilities. However, given that  $n - 1$  of them have

217 already been calculated in the parent node, if this information is stored, only  
 218 one multiplication is required for each child node and item pair.

219 **Merging branches.** One way for limiting the growth in the number of  
 220 nodes is joining together those branches that lead to similar estimates of ability  
 221 level. As an example, if an accuracy of 0.001 is set –which is a quite sensible  
 222 bound–, and assume that the ability takes values between -4 and 4, the maximum  
 223 number of nodes in each of the tree’s levels will be only 8000, which is a more  
 224 manageable number than the  $R^\ell$  nodes that may potentially appear at level  $\ell$ .

225 An alternative method, frequently used in DT design, for controlling the size  
 226 of the tree is pruning some branches. In our case this will imply stopping the  
 227 growth of the tree in nodes associated to improbable answer patterns. However,  
 228 this may in practice give raise to situations where one of these nodes is actually  
 229 visited, implying that an on-line selection of the remaining items in the CAT will  
 230 need to be conducted. This would considerably increase the duration of the test  
 231 if the item selection criteria used is among the most computationally expensive  
 232 ones. For this reason we do not consider this practice a good alternative to  
 233 branch merging.

### 234 3.2. Equivalence of Minimum MSE and Minimum EPV

235 In this section we establish an interesting result: building a DT minimis-  
 236 ing the MSE is mathematically equivalent to building a CAT where the item  
 237 selection criterion is the minimum EPV.

238 As discussed around equations (6) to (8), the MSE can be written as

$$MSE = \int p(\theta|u_{j-1}) \sum_{r=1}^R p_i(r|\theta)(\theta - \hat{\theta}_{u_j})^2 d\theta \quad (9)$$

239 which becomes

$$= \int \sum_{r=1}^R p(\theta|u_{j-1}) p_i(r|\theta)(\theta - \hat{\theta}_{u_j})^2 d\theta \quad (10)$$

240 and using Bayes theorem

$$= \int \sum_{r=1}^R \frac{p(u_{j-1}|\theta)p(\theta)}{p(u_{j-1})} p_i(r|\theta)(\theta - \hat{\theta}_{u_j})^2 d\theta \quad (11)$$

241 using the local independence condition this equation can be simplified to

$$= \int \sum_{r=1}^R \frac{p(u_j|\theta)p(\theta)}{p(u_{j-1})} (\theta - \hat{\theta}_{u_j})^2 d\theta \quad (12)$$

242 after multiplying and dividing by  $p_i(r|u_{j-1})$  we get

$$= \int \sum_{r=1}^R \frac{p(u_j|\theta)p(\theta)p_i(r|u_{j-1})}{p(u_{j-1})p_i(r|u_{j-1})} (\theta - \hat{\theta}_{u_j})^2 d\theta \quad (13)$$

243 which, after using conditional probability, becomes



$$= \int \sum_{r=1}^R \frac{p(u_j|\theta)p(\theta)p_i(r|u_{j-1})}{p(u_j)} (\theta - \hat{\theta}_{u_j})^2 d\theta \quad (14)$$

244 using Bayes again, this expression can be further simplified to

$$= \int \sum_{r=1}^R p(\theta|u_j)p_i(r|u_{j-1})(\theta - \hat{\theta}_{u_j})^2 d\theta \quad (15)$$

245 finally, after reordering terms we get

$$= \sum_{r=1}^R p_i(r|u_{j-1}) \int p(\theta|u_j)(\theta - \hat{\theta}_{u_j})^2 d\theta = \sum_{r=1}^R p_i(r|u_{j-1})Var(\theta|u_j) \quad (16)$$

246 which is precisely the EPV criterion.

247 Consequently, notwithstanding the works discussed in the introduction treat  
 248 CATs and DTs as disjoint methods, in this section we have established the  
 249 equivalence between them. In practical terms, this implies that building a CAT  
 250 with minimal EPV is equivalent to constructing a DT minimising its standard  
 251 MSE criterion. This result suggests that when the objective of the CAT is  
 252 minimising the MSE, the most appropriate item selection criterion would be  
 253 EPV.

#### 254 **4. Tree-CAT: A CAT with Controlled Item Exposure Rate and Min-** 255 **imum MSE**

256 In this section, we propose a method for building a CAT that minimises  
 257 the MSE with controlled maximum exposure rate (proportion of the individuals  
 258 taking the test that receive a particular item) by building several decision trees  
 259 simultaneously.

260 The underlying idea stems from the so-called randomesque method. At each  
 261 level, this method randomly selects the next item among the  $K$  items with the  
 262 best selection criteria values, given the current estimated ability  $\hat{\theta}$ . For each  
 263 participant, randomesque starts selecting one of the  $K$  items attaining maximal  
 264 values for the selection criteria at the initial trait  $\hat{\theta}_0$ . Each of these items can  
 265 be seen as constituting the root of one of  $K$  trees. From each root will stem  
 266  $R$  branches, corresponding to the  $R$  possible answers, each of them spanning  
 267  $K$  nodes. This process is repeated at each level,  $\ell$ , of the tree. Therefore, the  
 268 randomesque method can be visualised as a forest of  $K$  trees. This is represented  
 269 as a DTs forest in Figure 2 for  $R = 2$  and  $K = 3$ . In this figure white items  
 270 represent the selected items and the black dots the corresponding trait estimates.

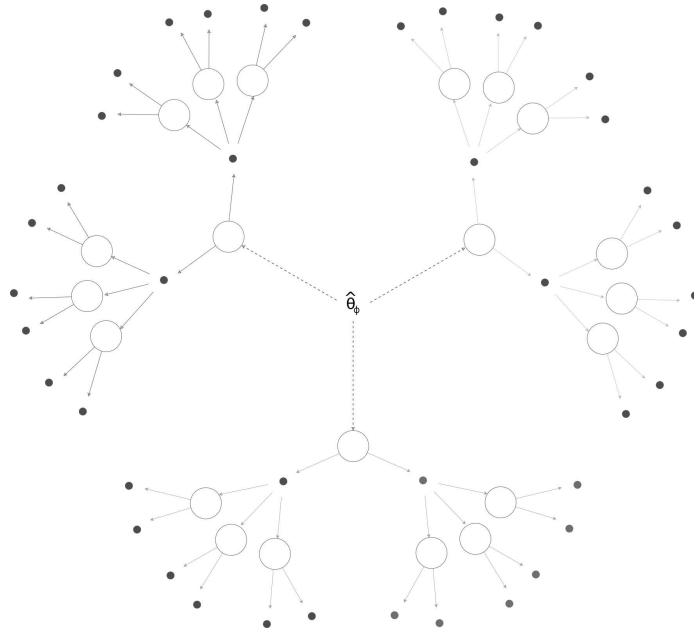


Figure 2: Representation of randomesque method as a DTs forest.

271 Although this method reduces the item’s exposure, it does not prevent an  
 272 item from exceeding the maximum exposure rate. To address this problem, in  
 273 the following lines we present the Tree-CAT method. This method builds on  
 274 randomesque for generalising the method developed in the previous section.  
 275 Tree-CAT imposes a probabilistic bound to the maximum rate of item exposure  
 276 when creating the forest of trees.

277 Tree-CAT starts by selecting the  $K$  initial nodes. Let  $E$  be the vector  
 278 containing the items’ MSEs as computed by equation (2);  $D$ , a vector indicating  
 279 the items’ availability;  $P$ , a vector containing the probability of each item to be  
 280 administered as first item in the test; and  $r_{max}$ , the maximum item exposure  
 281 rate. Initially, each of the elements in  $D$  is set equal to the maximal exposure  
 282 rate. Given that 100% of the participants has to be assigned an item at the  
 283 beginning of the test, the algorithm utilises a capacity variable  $c$  to represent  
 284 the proportion of individuals that remain uncovered after each item is included.  
 285  $\mathcal{L}$  is a very large number. The selection of the nodes and determination of their  
 286 number,  $K$ , is conducted as indicated in Algorithm 1.

287 The algorithm starts by selecting the item  $i$  with least MSE and associates  
 288 to this item the minimal value among its current availability,  $D_i$ , and the unas-  
 289 signed capacity,  $c$ . This value,  $P_i$ , is then subtracted from both, the item’s  
 290 availability and the capacity variable. For guaranteeing that this item will not  
 291 be selected again, its value in vector  $E$  is replaced by a very large number  $\mathcal{L}$ .  
 292 This procedure is then repeated until  $c$  is equal to zero. The algorithm re-  
 293 turns the set of  $K = |\mathcal{F}|$  initial nodes, and the administration probabilities and  
 294 updated availability vectors.

295 Once the  $K$  roots have been chosen, the trees spanned by each root will  
 296 grow jointly in an iteratively fashion. For the sake of clarity in the exposition,  
 297 we start by describing the procedure generating the second level of the trees.

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**Algorithm 1** RootSpan

---

**Require:**  $E, D$ 

```
1:  $c := 1$ 
2:  $P := \mathbf{0}_{(I \times 1)}$ 
3:  $\mathcal{F} := \emptyset$ 
4: while  $c > 0$  do
5:    $i := \operatorname{argmin}\{E\}$ 
6:    $P_i := \min\{c, D_i\}$ 
7:    $c := c - P_i$ 
8:    $D_i := D_i - P_i$ 
9:    $\mathcal{F} := \mathcal{F} \cup i$ 
10:   $E_i := \mathcal{L}$ 
11: end while
```

**Ensure:**  $\mathcal{F}, D, P$ 

---

Let  $\mathbf{E}$  be a matrix whose element  $E_{ij}$  is the MSE incurred if item  $i$  was added to branch  $j$ , where each  $j$  is given by a different root/answer combination, i.e.  $j = R \times (k - 1) + r$  for  $k = 1, \dots, K; r = 1, \dots, R$ . Let  $\mathbf{C}$  be a vector containing the proportion of participants associated with branch  $j$ , where  $C_j = P_k \int P(r|\theta, i_k) f(\theta) d\theta$  and  $\sum_j C_j = 1$ . Let  $\mathbf{D}$  be the available capacity vector returned by Algorithm 1. Then, the choice of the items associated with each of the branches is done by means of the following linear program:

$$\begin{aligned} \min \quad & \sum_i \sum_j X_{ij} E_{ij} & (17) \\ \text{s.t.} \quad & \sum_i X_{ij} \leq D_i \\ & \sum_j X_{ij} = C_j \end{aligned}$$

298 This simple model minimises the MSE subject to the constraints that not  
299 item will exceed its availability; and that all participants must be given a sec-  
300 ond item during the test. Further levels of the trees are obtained by successive  
301 applications of this procedure, with system (17) solved over the matrix  $\mathbf{E}$  ob-  
302 tained for the corresponding item/response combination (henceforth referred to  
303 as branch); the last update of vector  $D$ ; and a newly obtained vector  $\mathbf{C}$  where  
304  $C_j = P_k \int P(r|\theta, u_{k-1}) f(\theta) d\theta$ .

305 Unfortunately, the number of constraints grows exponentially on the number  
306 of levels, making the linear program computationally intractable. A computa-  
307 tionally efficient heuristic, illustrated in Algorithm 2, has been developed for  
308 addressing this problem.

309 Algorithm 2 can be seen as a bi-dimensional extension of Algorithm 1. Work-  
310 ing with inherited vector  $D$  and matrices  $E$  and  $C$  as inputs, the Algorithm  
311 returns an array  $\mathcal{F}$  of sets of items for all possible branches stemming from the  
312 previous level. It also returns a matrix  $P$  containing the relative probability for  
313 each item to be administered to an individual in a given branch, and a vector  
314  $D$  with the updated items' availability.

315 It is important noticing that at any givel level  $\ell$  of the tree, nodes may be

---

**Algorithm 2** Growing the tree

---

**Require:**  $E, D, \mathcal{C}$ 

```
1:  $c := 1$ 
2:  $P := (0)_{I \times RK}$ 
3:  $\mathcal{F} := \{\mathcal{F}_1, \dots, \mathcal{F}_{RK}\}, \mathcal{F}_h := \emptyset \forall h = 1, \dots, RK$ 
4: while  $c > 0$  do
5:   for  $j \leq I$  do
6:     if  $D_j == 0$  then
7:        $E_{j\bullet} := \mathcal{L}$ 
8:     end if
9:   end for
10:   $(i, j) := \operatorname{argmin}\{E\}$ 
11:   $P_{ij} := \min\{C_j, D_i\}$ 
12:   $D_i := D_i - P_{ij}$ 
13:   $c := c - P_{ij}$ 
14:   $\mathcal{F}_j := \mathcal{F}_j \cup i$ 
15:   $E_{i,j} := \mathcal{L}$ 
16: end while
Ensure:  $\mathcal{F}, D, P$ 
```

---

316 assigned more than one item. The reason for this is that the best item for a  
317 given node may not have the required capacity (i.e.  $D_j < C_j$ ).

## 318 5. Numerical Experiments: Simulated Data

319 In this section we present the results of an experimental assessment of the  
320 performance of the Tree-CAT method. The experiment compares our method  
321 with three other available methods designed for controlling item exposure, namely,  
322 restrictive (disallows the use of items that exceed the maximum rate), item eligi-  
323 bility (restricts the likelihood of administering an item to a given exposure rate),  
324 and randomesque methods (randomly selects the next item from a subset of the  
325 most informative items). In order to achieve a fair comparison between the  
326 four methods, MEPV is used in all of them as the item selection criteria. This  
327 choice is due to the fact that, as shown in Section 3.2, this criterion minimises  
328 the MSE.

### 329 5.1. Data and experimental set-up

330 The experiment set-up is similar to the one used by other authors when  
331 comparing item exposure control techniques in CATs (Pastor et al., 2002). In  
332 detail, the item bank consists of 100 items with randomly generated parameters  
333 according to Samejima’s graded response model (Samejima, 2016). Each item’s  
334 discrimination parameter was generated following a log-normal distribution with  
335 zero mean and standard deviation equal to 0.1225. The difficulty parameters  
336 were generated following a standard normal distribution (Magis and Raïche,  
337 2011). The maximum exposure rate was set to 0.3 with test length equal 10.  
338 This length is considered to be enough for comparing the different methods  
339 and it is similar to the one appearing in recent works. For example, CATs  
340 developed by De Beurs et al. (2014); Stucky et al. (2014); and Hsueh et al.

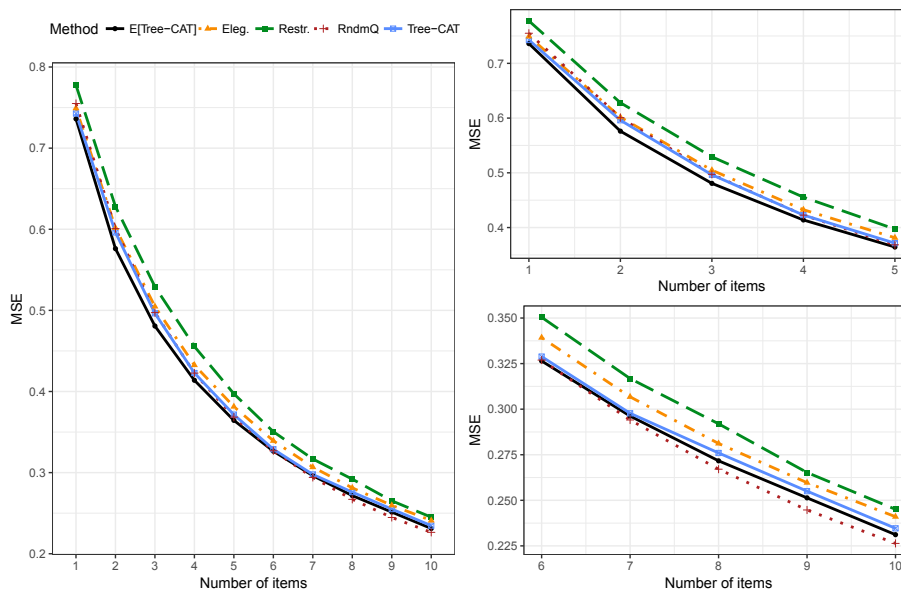
341 (2016), for assessing different clinical conditions, used averages of 4, 5.3 and 6  
 342 items, respectively. Regarding the randomesque method, the number of random  
 343 alternatives available for each node at each level of the tree is set to six.

344 The performance of the CATs was evaluated by means of the answers of  
 345 500 randomly generated examinees (Magis et al., 2012). Given the random  
 346 nature of the item selection of three of the used procedures (randomesque, item  
 347 eligibility and ours), and to avoid path dependence in the results, the test was  
 348 repeated 25 times for each examinee and means were taken. In order to improve  
 349 the significance of the results, this scenario was repeated 10 times.

## 350 5.2. Results

351 Figure 3 shows the evolution of MSE attained by each of the techniques  
 352 during the test execution. The large panel shows the entire execution, with  
 353 the two small panels being zoomed-in versions of the performance over the  
 354 first and last five items, respectively. The dot-dash yellow line represents the  
 355 eligibility method; the dash green line, the restrictive method; the dotted line,  
 356 the randomesque method; and the the solid blue line, the Tree-CAT method.  
 357 An extra line, solid black, shows the theoretical expected MSE corresponding  
 358 to the Tree-CAT method.

Figure 3: Average MSEs for the Alternative Techniques



359 The figure shows that the Tree-CAT method obtains more precise estimates  
 360 than the eligibility and the restricted methods in terms of MSE. This graph  
 361 also shows that the Tree-CAT attains a performance close to the theoretically  
 362 expected one. Finally, the randomesque method shows a slightly better perfor-  
 363 mance than the Tree-CAT from the seventh item administered on. This can  
 364 be explained by looking at the overlap rate, which is a common measure of  
 365 test security defined as the percentage of common items for any two randomly  
 366 selected examinees (Barrada et al., 2007). In our experiment, the computed

367 overlap rates are 0.268 for restrictive; 0.275 for eligibility; 0.283 for Tree-Cat;  
 368 whereas it reaches 0.538 for randomesque.

369 Regarding the computation time, Table 1 shows the time needed to create  
 370 the DT as well as the minimum time required by each of the methods to se-  
 371 lect the 10 items for the 500 participants. It is important to note here that  
 372 in both, item eligibility and restricted methods, participants receive the test  
 373 sequentially. That is, in order to recalculate the parameters, the current par-  
 374 ticipant must have finished the test before the next one receives it. In contrast,  
 375 randomesque and Tree-CAT methods are able to administer the test simulta-  
 376 neously. Moreover, whereas the tree alternative methods select the next item  
 377 on-line, Tree-CAT generates the whole tree at once, which means that the time  
 378 required for generating the next item is, indeed, zero. The experiment was con-  
 379 ducted using 128 cores of a cluster with a Xeon 2630 processor and 32 GB of  
 380 RAM.

Table 1: Training and Execution Times

Method	Training Time	Test Time serial
Tree-CAT	$\approx 7$ days	0 secs
Randomesque	0 secs	$\approx 16.8$ hours (120 secs $\times$ 500)
Eligibility	0 secs	$\approx 23.6$ hours (170 secs $\times$ 500)
Restricted	0 secs	$\approx 16.8$ hours (120 secs $\times$ 500)

381 According to the table, the randomesque, restricted and eligibility methods  
 382 take 2 minutes for selecting the items. In practical terms this means that the ex-  
 383 aminee will need to wait 12 seconds in average before the next item is provided.  
 384 These long execution times are explained, firstly, by the use of MEPV, which  
 385 has a high computational cost. More economical item selection methods such  
 386 as FMI could render better results in terms of computational times, at the cost  
 387 of incurring the problems highlighted in the introduction to this paper. Sec-  
 388 ondly, those long times can also be attributed to the use of the implementation  
 389 catR (Magis and Raiche, 2011), which does not use any of the two speeding-up  
 390 strategies described in Section 3.1. It should be said that, even if those strate-  
 391 gies were implemented, the eligibility and restrictive method still suffer from the  
 392 sequential application burden, which imposes a serious penalty in the execution  
 393 time (23.6 and 16.8 hours for 500 administrations of the test).

394 It is also important to mention that the cost in computational time incurred  
 395 by the three alternative methods discussed in this section is paid every time the  
 396 test is conducted. With the Tree-CAT method, in contrast, once the trees are  
 397 built and all the alternative sequences stored, the time between the answer and  
 398 the selection of the next item is –to all practical extent– zero, regardless the  
 399 number of participants. This feature enables the simultaneous on-line applica-  
 400 tion of the test to an unlimited number of participants, something that is not  
 401 possible with the other methods. Hypothetically, this could be attained with  
 402 randomesque, but in this case the simultaneous application of the test to a large  
 403 number of people will require the availability of a server with as many nodes as  
 404 participants.

## 405 6. Numerical Experiments: Real Data

406 This section evaluates the proposed methodology using actual data. These  
407 data have been obtained from a previous study (Rubio et al., 2007), in which a  
408 psychometric scale for measuring emotional adjustment was developed. Before  
409 presenting the experimental results, in the following section we describe both  
410 the data set and the design of the experiment.

### 411 6.1. Data and experimental set-up

412 The data in this study contain the answers provided by 792 psychology stu-  
413 dents to the 28 items of the Emotional Adjustment Bank (Rubio et al., 2007).  
414 For our experiments, it was considered that the item responses have three levels  
415 ("disagree", "neutral" and "agree"). For testing the unidimensionality of the  
416 scale, a factor analysis in conjunction with a parallel analysis (Hayton et al.,  
417 2004) showed that only one factor is retained. This confirms the unidimension-  
418 ality and justifies the use of a graded response model.

419 In order to compare the performance of the Tree-CAT method against the  
420 chosen exposure control methods (Restrictive, Eligibility, Randomesque) under  
421 conditions similar to the real ones, the hold-out validation method was used.  
422 Specifically, the data set was randomly divided into two disjoint subsets of equal  
423 size: the training set and the test set. The training set was used to estimate  
424 the different items' parameters and to build the DT for the Tree-CAT method,  
425 whereas, the test set was used for the comparisons. It was assumed that the  
426 traits  $\theta$  of the participants were those obtained when the 28 items of the bank  
427 were administered to them. The test length was set to 7 items. The remaining  
428 parameters that define the experiment have been set to the same values as  
429 those of the simulation study in Section 5. Namely, the MEPV was chosen  
430 as item selection criterion; the maximum exposure rate was fixed at 0.3; and  
431 the number of random alternatives for the Randomesque method was set to  
432 6. As before, in order to avoid path dependence, the test was repeated 25  
433 times for each examinee, and means were taken for the Tree-CAT, Eligibility  
434 and Randomesque methods. In addition, to achieve more reliable results, this  
435 scenario was simulated 10 times.

### 436 6.2. Results

437 Figure 4 shows the MSE obtained by the different techniques as a func-  
438 tion of the number of items administered to the subjects. It can be noticed  
439 that, except for the Randomesque method in the last levels, Tree-CAT is the  
440 one achieving the best performance (based on the MSE). As explained in the  
441 discussion to our simulated experiments, the reason why Randomesque outper-  
442 forms the other three methods at the last levels of the test is that it exceeds the  
443 maximum exposure rate. The overlap rates of Tree-CAT, Restrictive, Eligibility  
444 and Randomesque methods are 0.28, 0.28, 0.29 and 0.58, respectively.

445 Table 2 depicts the computational time used to construct the decision tree  
446 for the Tree-CAT method, and the time needed to select the next item for each  
447 of the four techniques. These numbers are similar to those obtained in Table  
448 1 of the previous experiment on a smaller scale, as the item bank used in this  
449 study is 28% the size of the previous one, and the length of the test is 7 items  
450 instead of 10.

Figure 4: Average MSEs for the Alternative Techniques

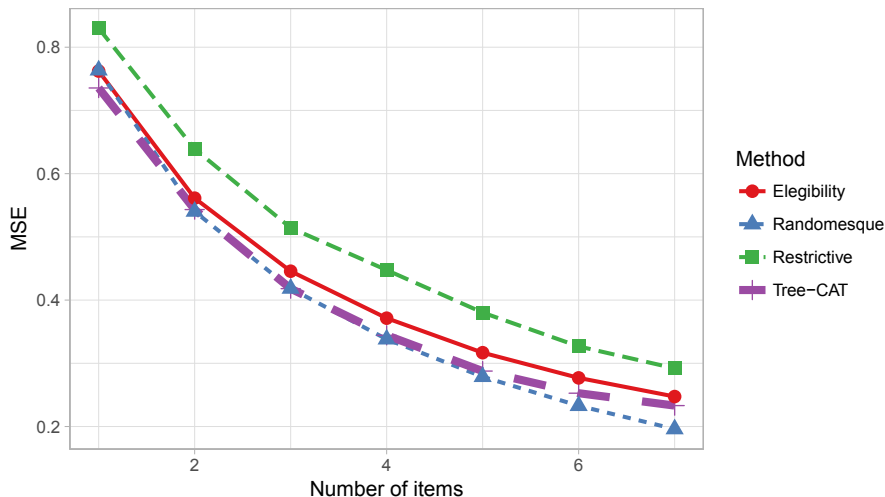


Table 2: Training and Execution Times

Method	Training Time	Test Time serial
Tree-CAT	$\approx 36$ min.	0 secs
Randomesque	0 secs	$\approx 103$ min. (15.6 secs $\times$ 396)
Eligibility	0 secs	$\approx 117$ min. (17.7 secs $\times$ 396)
Restricted	0 secs	$\approx 103$ min. (15.6 secs $\times$ 396)

## 451 7. Conclusion

452 In this article, we present a new method for building CATs, referred to as  
 453 Tree-CAT, based on the DTs methodology. The proposed method creates and  
 454 stores a representation of the CAT in a tree structure that allows items to be  
 455 selected in milliseconds. This property is especially valuable when the chosen  
 456 item selection method involves the calculation of integrals (e.g. when a CAT  
 457 uses minimal EPV for item selection). In this regard, it is demonstrated that  
 458 building a CAT that minimises the EPV is equivalent to building a DT that  
 459 minimises the MSE.

460 In the article we also show that creating a CAT with item exposure controls  
 461 can be understood as the simultaneous construction of several trees, and propose  
 462 an algorithm for performing this task. This algorithm allows the use of different  
 463 strategies that accelerate its construction. First, it is possible to use parallel  
 464 programming to calculate the MSE matrix required by the algorithm. Second,  
 465 the calculation of MSEs can be simplified using information obtained at the  
 466 previous level nodes. Finally, it seems possible to merge branches that produce  
 467 similar estimates of the trait level, allowing the tree to be kept within reasonable  
 468 dimensions. In this article we have conducted experiments taking advantage of  
 469 the first two strategies.



470 Tree-CAT presents several advantages with respect to other existing meth-  
471 ods. Firstly, the results obtained experimentally show that Tree-CAT is the  
472 method with the lowest MSE among those with the lowest overlap rate. An-  
473 other advantage is that it can potentially be administered simultaneously to an  
474 unlimited number of participants. In contrast to existing methods, which calcu-  
475 late in real time each of the items to be presented based on previous answers, the  
476 Tree-CAT selects the next item to be presented from a previously stored struc-  
477 ture. This allows, for practical purposes, to eliminate the time required for item  
478 selection. This is especially useful when item selection criteria are computa-  
479 tionally expensive. These two properties, namely, simultaneous application and  
480 zero time in the selection of items, make Tree-CAT an ideal candidate for the  
481 simultaneous administration of on-line tests to a large number of participants.

482 One weakness of the method is the need of a small computer cluster for build-  
483 ing the tree within reasonable time. For example, in the experiment developed  
484 in this article, 128 nodes of a cluster were used. However, the availability of a  
485 larger cluster could reduce the construction time of the tree from one week –as  
486 in our case– to a few hours. The importance of this limitation is further reduced  
487 by the fact that, once the tree has been built, the test can be administered from  
488 any personal computer.

489 Regarding this limitation, an appealing future research line consists of find-  
490 ing a mechanism for optimally merging the branches of the trees in order to limit  
491 the size of the trees. Additional research could also be developed for address-  
492 ing issues like content balance, variable test length, or multidimensional-trait  
493 assessment.

494 We conclude the article by stating our conviction, supported by the exper-  
495 imental and analytical results obtained, that the DTs approach for building  
496 CATs is a promising research line that opens up several lines of research and  
497 combines the knowledge of the areas of Psychology, Statistics, Operational Re-  
498 search and Computer Science.

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642 **Appendix A. Notation**

643 Section 2

644  $\mathcal{J}$ : set of participants;

645  $\mathcal{I}$ : item bank;

646  $i_n^j$ :  $n$ -th item  $i \in \mathcal{I}$  to be administered to participant  $j \in \mathcal{J}$ ;

647  $R$ : number of possible answers to an item;

648  $r(i_n^j)$ : answer of individual  $j \in \mathcal{J}$  to item  $i_n^j$ ,  $i = 1, \dots, R$ .

649  $\theta$ : real-valued random variable describing a trait;

650  $f : \mathbb{R} \rightarrow \mathbb{R}^+$  density function of  $\theta$ ;

651  $\hat{\theta}_\theta$ :  $\operatorname{argmax}_{\theta \in \mathbb{R}} f(\theta)$ ;

652  $u_n^j$ : sequence of items and responses of individual  $j$ , with  $u_n^j = \{r(i_k^j)\}_{k=0, \dots, n}$   
653 and  $u_0^j = \emptyset$ ;

654  $\hat{\theta}_{u_n^j}$ : estimated  $\theta$  given pattern  $u_n^j$ ;

655 Section 3

656  $p_i(u_n)$ : probability of observing sequence  $u_n$  in a participant;

657  $p_i(r|\theta)$ : probability that a participant with trait  $\theta$  will answer  $r \in \{1 \dots R\}$  to  
658 item  $i \in \mathcal{I}$ ;

659  $p(u_n|\theta)$ : probability that a participant with trait  $\theta$  will show response sequence  
660  $u_n$  up to the  $n$ -th item shown;

661  $p(\theta|u_n)$ : posterior probability of trait  $\theta$  given a response sequence  $u_n$ ;

662  $v_n^k$ : sequence of items and responses if an individual with sequence  $u_{n-1}$  chooses  
663 answer  $k \in \{1, 2 \dots R\}$  to the  $n$ -th item.

664  $\hat{\theta}_{v_n^j}$ : estimated  $\theta$  given pattern  $v_n^j$ .

665 Section 4

666  $X_{ij}$ : capacity of item  $i$  assigned to branch  $j$ ;

667  $E_{ij}$ : MSE incurred if item  $i$  is added to branch  $j$ ;

668  $D_i$ : capacity availability vector for item  $i$ ;

669  $C_j$ : proportion of participants associated to branch  $j$ .