Optimal Multiresolution 3D Level-Set Method for Liver Segmentation incorporating Local Curvature Constraints

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Abstract—Advanced liver surgery requires a precise pre-operative planning, where liver segmentation and remnant liver volume are key elements to avoid post-operative liver failure. In that context, level-set algorithms have achieved better results than others, especially with altered liver parenchyma or in cases with previous surgery. In order to improve functional liver parenchyma volume measurements, in this work we propose two strategies to enhance previous level-set algorithms: an optimal multi-resolution strategy with fine details correction and adaptive curvature, as well as an additional semiautomatic step imposing local curvature constraints. Results show more accurate segmentations, especially in elongated structures, detecting internal lesions and avoiding leakages to close structures.

I. INTRODUCTION

Surgical planning has been gaining importance over time in order to improve patient safety in complex surgical procedures, encouraged by improvements of medical imaging and new surgical devices. This is the case of advanced liver surgery [1], where certain modalities of liver transplant (e.g., living donor liver transplantation, split liver) and extreme hepatic resections require a precise description of liver anatomy (tumor size and location, vascular inflow and outflow, segmental divisions) as well as an estimation of minimum remnant liver volume [2] in order to avoid, for example, post-operative hepatic failure or “small-for-size” syndrome.

Preoperative CT or MR studies are, at the moment, the most important source of images that hepatic surgeons and radiologists employ for daily surgical planning. These studies are composed of hundreds of 2D slices. Commercial tools allow radiologists to manually segment 2D slices in axial views [3] with very simple algorithms. However, these manual segmentations are very time consuming. In this context, the development of automatic and semiautomatic algorithms for liver segmentation could speed up this task and remove human subjectivity.

Live wire algorithms [4] are the basis of semiautomatic liver volume extraction tools currently used in clinical practice. The first attempts to perform automatic liver segmentation were based on gray-level, trying to establish features related with liver density from statistical or histogram analysis or using mathematical morphology [5][6]. The most important problem of this kind of methods is that they do not take into account the high variability in CT images, the existence of different modality settings like contrast media, and the grey-level differences between healthy and pathological organs. Other works try to deal with these problems by using neural networks in order to learn gray-level features [7], but they usually need large training sets of images to capture the variability among patients. Deformable models, statistical shape models [8] and probabilistic atlases [9] try to learn anatomical features as shape, position and size, but they suffer from the same problems of neural network approaches, requiring too much computation time and failing when processing nonstandard liver shapes. Other different approaches use active contours algorithms. Snakes [10] and level-sets [11][12] are based on a speed function that controls the front propagation of a surface toward the liver boundary. Recently, most of new segmentation methods combine different techniques: statistical shape models, mathematical morphology and level-sets approaches. For an extensive review on novel liver segmentation methods, we refer the reader to [13].

II. BACKGROUND ON LEVEL-SET ALGORITHM

Active contour models deal with automatic or semiautomatic delineation of objects in an image by evolving a curve guided by external constraint forces and influenced by image forces. This framework tries to minimize an energy function associated with these forces (external and internal, respectively). Traditionally, these models were based in edge detection by using gradient information. However, this approach fails when targets are not well-defined by gradients. In liver CT images this is an essential drawback due to the proximity between liver and other organs of similar intensity. In order to deal with that problem Chan and Vese [14]...
proposed an active contour model that takes into account intensity values inside and outside the curve, which can be formulated using level-set techniques as follows:

\[
\frac{\phi_{n+1} - \phi_n}{\Delta t} = \delta_k(\phi_n) \left[ \mu \text{div} \left( \frac{\nabla \phi}{\sqrt{\nabla \phi}^2} \right) \right] - \gamma + \lambda_k (u_{0,k} - c_1(\phi))^2 - \lambda_k (u_{0,k} - c_2(\phi))^2
\]

where \( \phi \) represents the contour, \( u_0 \) is the image, \( c_1 \) and \( c_2 \) are the averages of \( u_0 \) inside and outside the contour respectively, \( \mu \geq 0, \gamma \geq 0, \lambda_1, \lambda_2 > 0 \) are fixed parameters, \( \Delta t \) and \( h \) are the time and space steps respectively and \( \text{div}(\nabla \phi/|\nabla \phi|) \) introduces curvature constraints.

Nevertheless, this method works correctly only when the image is composed of two homogeneous regions with different textures. In CT abdominal images, liver region usually is homogeneous and well defined but the rest of the image includes several organs with different textures and intensities, compromising the correct behavior of the method.

In order to overcome this problem, Fernandez-de-Manuel et al. [15] presented a variation of this method, extended to 3D. They substitute the term that computes the intensity difference between a point and the average inside and outside the contour by a term that computes the absolute difference between these averages and include gradient information (controlled by the fixed parameter \( \rho \)) to achieve a more robust algorithm:

\[
\frac{\phi_{n+1}^{(1)} - \phi_n^{(1)}}{\Delta t} = \delta_k(\phi_n^{(1)}) \left[ \mu \text{div} \left( \frac{\nabla \phi^{(1)}}{|\nabla \phi^{(1)}|} \right) \right] - \gamma + \lambda_k \left| u_{0,k} - \rho \nabla u_{0,k} - c_1(\phi^{(1)}) \right| - \lambda_k \left| c_1(\phi^{(1)}) - c_2(\phi^{(1)}) \right|
\]

The algorithm starts with a seed point located inside the liver and grows a surface following a multi-resolution strategy in order to reduce processing time.

This approach achieved important improvements for liver segmentation results in CT abdominal images. However, these segmentations failed occasionally by including small areas belonging to proximal structures with similar intensity and texture, such as intercostal muscle and heart. In order to avoid the contour growing into these structures, Fernandez-de-Manuel et al. suggested establishing high restrictions in global curvature. As a result, elongated structures (distal part of liver left lobe, falciform ligament) were mis-segmented.

### III. Proposed Method

In this paper, we contribute handling these difficulties with variations on (2). We propose an optimal multi-resolution strategy with fine details correction and an additional step imposing local curvature constraints.

#### A. Optimal Multi-Resolution Level-Set Segmentation.

Instead of using the same parameter values in all stages of the algorithm, we propose to change them depending on the resolution step by means of a multi-curvature, multi-growth strategy and a fine detail correction at the last multi-resolution level.

The basic idea is to apply a high global curvature restriction in first steps in order to limit the active contour expansion inside the liver and decreasing the probability of leaking. At low resolutions, structures are blurred and not well defined, making the separation of different organs a hard task. As we increase the resolution, structures and boundaries are better defined and we can relax the global curvature restriction (decreasing \( \mu \)), allowing the contour to come closer to the desired segmentation.

Contrarily, we intensify the growth restriction along the multi-resolution scheme. At first, high values of \( \lambda_1 \) in (2) provide the contour with enough freedom to grow rapidly, and the gradual increment of the growth restriction in subsequent steps allows a better voxel classification inside or outside the level-set, emending mis-segmented structures.

The fusion of both strategies implies high growth of the contour in first resolution steps, limited by curvature constraints to avoid leakages, and low and controlled growth at the end with better detail detection and more accurate segmentation due to the relaxation of the global curvature restriction. The combination of both parameters improves segmentation results in elongated structures such as the distal part of liver left lobe (see Fig. 1). Thus, the fixed parameters \( \lambda_1, \lambda_2 \) and \( \mu \) turn into functions depending on time (actually, resolution step): \( \lambda_1(t), \lambda_2(t) \) and \( \mu(t) \).

On the other hand, the level-set method implemented by Fernandez-de-Manuel et al. modifies the contour by checking voxels close to its boundary. This narrow band level-set approach is widely used because of the computation time improvement. However, this strategy combined with a multi-resolution scheme fails in the case of small structures at the inner part of the liver and far from its boundaries that are not big enough to be identified during contour growing in low resolution levels. In those cases, if the small non detected structures remain out of the narrow band, high resolution steps are not able to recover the wrong inclusion. This is the case of intraparenchymal small liver lesions and falciform ligaments, among others.

The fine details correction strategy tries to overcome this drawback by removing those voxels from the contour that have the highest intensity differences from the level-set mean intensity. Most of wrongly included structures have lower intensities than liver parenchyma, so we select a
percentage of voxels with the lowest intensity, depending on
the segmented volume, in order to remove them from the
contour. After that, we erase as many voxels with the highest
intensities as necessary to obtain the same average intensity
we had at first, in order not to modify the level-set behavior.

This approach is used only before the last resolution step, so
that, thanks to low global curvature constraint and high
growth restriction, details can be detected and over-
segmented structures can be identified. Furthermore, if some
voxels are incorrectly removed, the level-set behavior will
fix it in the last resolution step.

Results show internal tumors detection, a better liver lobes
separation (due to detection of falciform ligaments and hepatic
fissures) and decrease of leakages to proximal
structures (see Fig. 2). In addition, in contrast enhanced CT
images, some areas corresponding to large hepatic vessels as
hepatic portal vein and upper suprahepatic veins are
excluded from our results, which is the common practice by
radiologists’ manual segmentations of healthy parenchyma.

B. Local Curvature Constraints (LCC)

Liver segmentation is particularly challenging due to the
variability in size and shape, especially in cases with big
lesions or with prior surgery as hepatectomies. Using a priori
knowledge could be inappropriate in these scenarios, so we
propose to use LCC to restrict the contour growth in specific
areas. Local mean curvature constraints were used before as
priors obtained from statistical analysis of training sets [16],
but this method could fail in the special cases mentioned
above. So we let the user apply these local constraints by
marking the problematic areas interactively. These marked
voxels will be the center of a 3D Gaussian function that
extends and distributes the curvature restriction in space.

\[
G_{3D}(\tilde{x}, \sigma) = \frac{1}{(\sqrt{2\pi}\sigma)^3} \exp\left(-\frac{||\tilde{x} - x^0||^2}{2\sigma}\right)
\]  

where \(\sigma\) is the standard deviation and \(|| . ||\) represents the
Euclidean norm. Thus, curvature restriction will be different
in each voxel \(x\), following the equation:

\[
C(x) = \max(c_{\text{global}}, c_{\text{max}}, \max_j(G_{3D}(x - x^0_j, \sigma)))
\]

where \(c_{\text{max}}\) is the maxima curvature, \(c_{\text{global}}\) the global curvature
restriction in the image and \(x^0_j\) are the points marked in
problematic areas corresponding to the 3D Gaussian centers.

In order to check the performance and to obtain the best
values for \(c_{\text{max}}\) and \(\sigma\) (which controls the size and magnitude
of the 3D Gaussian function) in each resolution step, we
created simulated images that contain areas with curvature
changes (see Fig. 3). The best results were obtained with
Gaussian size of 12.5x12.5x12.5 mm³ and \(c_{\text{max}}=5\). Thus, the
function \(\mu(t)\) becomes dependent on specific points marked,
\(x^0_j\), and the Gaussian parameters \(c_{\text{max}}\) and \(\sigma\), \(\mu(t, x^0_j, c_{\text{max}}, \sigma)\).

IV. DATA AND VALIDATION

The improvements on the liver segmentation tool have
been validated on seven 3D abdominal CT images with
variability in liver size, shape and position, different
modality settings including or excluding contrast media and
diverse pathological states (livers with primary or secondary
tumors, livers ongoing lobar ipsilateral atrophy and contra-
lateral hypertrophy after portal vein embolization, relapse
tumors after liver lobectomy, and liver after hepatectomies
undergoing chemotherapy). Study 3 was acquired on a
Philips AV Expander spiral CT and the rest of cases were
acquired on a Philips Brilliance 16 slice CT scanner. Pixel
spacing varied from 0.69 to 0.84 mm in each slice, and the
distance between slices was 5 mm in case 3; 3 mm in cases 6
and 7, and 1 mm in the rest of cases.

In all the cases, the gold standard was the segmentation of
the healthy parenchyma made manually by radiologists on
2D slices in transversal views, excluding tumors, lesions
and principal vessels such as cava and portal veins, in order to
obtain more accurate estimations of functional liver volume.

The new algorithm uses 4 resolution steps with
\#iterations=[200,150,100,70] and parameters \(h=1, 1/\lambda_1=[5.5,5.5,5.5,5.5]\) with \(x\in\{8,10,12.5\}\) depending on the
image, \(\lambda_2=[1,1,1,1]\) and \(\mu=[1,1,0.75,0.5]\), fixed manually.

Five metrics were used to perform the validation: volume-
metric overlap error (VOE), relative volume difference (RVD)
and average, root mean square and maximum symmetric

\[
\begin{align*}
\text{VOE} & = \frac{1}{N} \sum_{i=1}^{N} |V_i - V_{\text{gold}}| \times 100 \\
\text{RVD} & = \frac{1}{N} \sum_{i=1}^{N} \frac{|V_i - V_{\text{gold}}|}{\text{max}(V_i, V_{\text{gold}})} \\
\text{RMSE} & = \sqrt{\frac{1}{N} \sum_{i=1}^{N} (V_i - V_{\text{gold}})^2} \\
\text{MSE} & = \frac{1}{N} \sum_{i=1}^{N} (V_i - V_{\text{gold}})^2 \\
\end{align*}
\]

Fig. 3. (a) Simulated image with local curvature distribution obtained by marking a pixel as the center of the 3D Gaussian function. (b) 3D Reconstruction of the image (yellow) and segmentation results with LCC (orange) and without it (green).
surface distances (ASSD, RMSD, MSSD), described in [16].

V. RESULTS AND DISCUSSION

Table I shows the segmentation results, comparing the five different metrics between the original level-set algorithm [15] and the new one with the improvements described in this paper. Moreover, the number of points where the user established local curvature constraints and the computation times using an AMD Athlon II X4 630 processor 2.8 GHz and 6 GB of RAM have been included in the table. The results show absolute volume differences smaller than 6% in all the cases, with VOE between 4 and 10%, which evidence the improvements over previous results (decrease 3.04% in VOE on average). Avoiding overestimation of remnant liver volume is critical in surgical planning. For this reason, our algorithm tends to be conservative in almost all cases, obtaining negative volume differences caused by under-segmentation. Although these volume differences do not seem significant when the total non-tumoral parenchyma volume is considered, they have an important impact when the surgical strategy is defined and the quantification of the planned remnant liver is considered, where a 5 or 10% volume difference might overcome the threshold level for safety liver surgery.

The most relevant results are related with distance metrics. The better segmentation of elongated structures, internal tumors and the control of leakages performed high improvements in MSSD, achieving reductions of more than 15 mm. in some cases, which results in ASSD and RMSD improvements too. So, in all the cases, maximum distances correspond to points located in vessels, excluded from manual segmentations, but sometimes included in ours. Cases 1, 3 and 6 are specially challenging because contrast media was not used during the acquisition. In most cases, some local curvature constraints were added in principal vessels and areas between liver and close structures such as heart or stomach to avoid leakages toward these structures.

Fig. 4 shows the differences in the level-set evolution of the original and modified method, and illustrates a better behavior in unsettle areas wrongly segmented before. The proposed improvements have demonstrated good performance and results seem promising, but further studies are needed especially in vessel segmentation to achieve more accurate measures on remnant and non-tumoral liver volume.

References